

# Fighting For Hearts

A LOCAL APPROACH TO HEALING HUMAN TRAFFICKING SURVIVORS

## Objectives



- > Who, What, and How of Sex Trafficking Counseling
- Our Mission of Hope and Healing for Sex Trafficking Survivors
- > How You Can Make an Impact

#### Shield Bearer

We are passionate about building strong and healthy individuals, families, and communities through prevention, awareness, training, and counseling.

In ancient battles, a "Shield Bearer" stood beside a soldier providing supplies and resources as he or she battled to victory. We fight for the hearts of clients in much the same way today.









#### Shield Bearer



501c3 nonprofit charity in Houston and surrounding areas

Provide critical services and programs for:

- > victims of crime and abuse
- veterans and active military personnel and their families
- homeless women and children
- individuals, couples, and families struggling with addiction, depression, loss, intimate partner violence, broken relationships
- human trafficking survivors (sex trafficking)

Services are offered on a sliding scale

# Sex Trafficking: Who Do We See?

SHIELD BEARER

YEARS

fighting for hearts

- ➤ Predominately Female
- > All ages (as young as eleven years old)
- > All religious or non-religious affiliations
- ➤ Daughters, Sisters, Grand-daughters, Nieces...
- > Regardless of ability to pay

### Sex Trafficking: What Do We See?

- > First contact through long term recovery
- > Various counseling needs
  - ➤ Complex trauma
  - > Addiction
  - > Post Traumatic Stress Disorder
  - > Depression, Anxiety
  - > Prior abuse
  - ➤ Broken relationships...
- > Heartbreak, HOPE, HEALING



#### Sex Trafficking: How Do We Provide Services?

- Work with Partner Ministries
- ➤ Safe Houses/Long Term Care Centers
- > Assessment Center
- > Referrals from Law Enforcement
- ➤ Individual and Group Sessions
- > Only possible with community support



# Sex Trafficking: Our Mission

# SHIELD BEARER YEARS fishing for hearts

#### Hope and Healing for Survivors:

- > Individual
- > Relationships
- > Families
- Communities

#### Community Support:

- > Training for other Counselors
- > Awareness
- > Prevention

#### Sex Trafficking: How You Can Make an Impact

SHIELD BEARER

- > Research the facts
- Start a conversation with your child
- > Discuss child's online interactions
- > Actively work on family relationships
- > Tell others what you are doing

#### Sex Trafficking: How You Can Make an Impact



- > Strong Fathers Strong Families
- > Full Throttle to Fatherhood
- Mother Daughter Strong
- ➤ Lindsay's Light Dating Violence Prevention Program
- > Many others



#### Questions?



Thank You!
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